

The Community & Children's Resource  
Board of St. Charles County

2019

# Outcomes Report



[www.stcharlescountykids.org](http://www.stcharlescountykids.org) ♦ 636.939.6200

# Programs and Funding Partners



**Youth Connection Helpline**

A 24/7 access point for youth, ages 18 and under, and their families to access crisis intervention and other behavioral health services. Youth can call, text, webchat, or meet face-to-face. Licensed mental health professionals and specialists provide assessments and follow-up case management to clients.

**Amount Spent:**  
\$108,105.84

**Clients Served:**  
529 Youth & Caregivers

**Outcome:** 96% of people accessing the Youth Connection Helpline gained knowledge of local sources and referral information.



**Safe Families for Children**

Safe Families for Children extends community support by hosting vulnerable children and strengthening their families in crisis through a network of volunteers motivated by compassion.

**Amount Spent:**  
\$8,046.00

**Clients Served:**  
3 Youth & Parents

**Outcome:** 100% of children in Safe Families program remained free from child abuse and neglect following their return home.



**Mentoring**

Young people, ages 5-17, are served in various mentoring programs designed to:

1. Pair children and teens in 1:1 relationships with adult mentors.
2. Bring together other supporting adults to provide any additional support and assistance.
3. Develop positive relationships with parents and peers.

**Amount Spent:**  
\$18,265.00

**Clients Served:**  
233 Youth & Caregivers

**Outcome:** 95% of mentored youth developed positive relationships with parents and peers.



**The Formula for Impact: Project Learn**

Project Learn is a primary prevention strategy for mentoring youth ages 6-18 years, helping them stay on track in school and make healthy choices to set them up for success in life. Available to youth outside of school hours.

**Amount Spent:**  
\$82,560.00

**Clients Served:**  
906 Youth

**Outcome:** 96% of students participating in Triple Play: Soul, Junior Staff or Career Launch followed school rules and remained in school.



**Signs of Suicide**

School-based suicide prevention and mental health literacy presentations.

**Family Support**

School-based counseling for youth with suicide ideation and/or mental health conditions.

**Amount Spent:**  
\$81,363.21

**Clients Served:**  
6,679 Youth

**Outcome:** 90% of students who showed little to no confidence in knowing the warning signs of depression and suicide showed confidence after the presentation.

**Outcome:** 85% of youth with suicidal ideation will report a reduction in suicidal ideation.



**Forensics Services**

Interview and advocacy services for children who have experienced sexual abuse or violence.

**Body Safety Prevention**

Educates children about appropriate boundaries and empower victims to disclose abuse.

**Amount Spent:**  
\$468,979.23

**Clients Served:**  
21,014 Youth & Adults

**Outcome:** 82% of the children interviewed were able to report who the perpetrator of the abuse is and what abuse occurred.

**Outcome:** 96% of Pre-K through 4<sup>th</sup> grade students demonstrated they learned their "Body Safety Steps."

# Programs and Funding Partners



## Coordinated Entry

Centralized, single phone call access to housing assistance for families who are homeless, or at risk for homelessness. Families with housing stability have improved health and behavior for children and decreased risk for abuse or neglect.

**Amount Spent:**  
\$5,584.00

**Clients Served:**  
809 Youth & Caregivers

**Outcome:** 88% of families with children found permanent housing within 3 months of their initial assessment.



## Respite Center

Periodic weekend relief for families whose child has significant behavioral challenges. Providing weekend respite results in reducing the intense amount of stress families cope with daily, thus reducing the risk for abuse and neglect.

**Amount Spent:**  
\$53,155.34

**Clients Served:**  
12 Youth & Caregivers

**Outcome:** 100% of families utilizing the respite program maintained or improved their ability to cope with behavioral issues of their children.



## 1. Partnership With Families

A "system of care" built to serve children who are diagnosed with a Serious Emotional Disturbance.

**Amount Spent:**  
\$1,723,712.73

**Clients Served:**  
36,012 Youth

## 2. Pinocchio Program

Early identification and intervention for grade K-3rd students who are have school adjustment concerns.

## 3. School-Based Mental Health Specialists

Offers in-school mental health services, direct therapeutic intervention, and supports to children diagnosed with a serious emotional disorder.

## 4. School-Based Violence Prevention

Programming educates, heighten awareness, and teaches anger management, conflict resolution, and critical thinking skills to students in grades K-8.

**1. Outcome:** 96% of youth were free from critical incident events, such as violence to others or suicide attempts.

**2. Outcome:** 100% of families reported an improvement in their child's behavior at home within one school year.

**3. Outcome:** 99% of youth were free from law enforcement and juvenile justice referrals.

**4. Outcome:** 96% of youth reported being able to recognize at least 2 signs of inappropriate responses to anger in themselves.



## Family Empowerment

Trauma-informed crisis intervention programs for children and families.

**Amount Spent:**  
\$653,701.15

**Clients Served:**  
1,363 Youth & Caregivers

## Respite

Offers 24/7 emergency care for children and mitigates immediate concerns to help families move toward safety and stability.

**Outcome:** 100% of children served continued to reside in their natural family home.

**Outcome:** 91% of children's parents reported reduced stress levels when discharging their child from respite care.



## Eleventh Circuit Family Court: Therapeutic Supervised Visitation

A co-joint parent-child therapy conducted by a licensed mental health professional that enhances parenting knowledge and skills in order to "normalize" the parent-child relationship. The goal is a relationship without restriction or limits. Services are contracted to Youth In Need.

**Amount Spent:**  
\$47,700.00

**Clients Served:**  
74 Youth & Parents

**Outcome:** 100% of parents increased normalcy of their relationship with their child.

# Programs and Funding Partners



**Family Support Network**  
Weekly, home-based family counseling for children up to age 13.

**Amount Spent:**  
\$56,910.90

**Clients Served:**  
152 Youth & Caregivers

**Psychological Services**  
Outpatient psychological services including comprehensive psychological evaluations and follow-up case management services.

**Outcome:** 100% of families increased their family strengths that promote resilience against child abuse and neglect.

**Outcome:** 100% of clients/families followed through with at least one recommendation within 3 months of feedback.



## Parent Partner

As part of Compass Health Network's *Partnership with Families* program, F.A.C.T.'s Parent Support Partners uses a peer-to-peer model to help families who have a child diagnosed with a mental health condition, find local resources and navigate social support and education systems.

**Amount Spent:**  
\$344,181.78

**Clients Served:**  
1,760 Youth & Caregivers

**Outcome:** 96% of children at risk of out-of-home placement remained with their families after six months of service.



**Counseling**  
Provides office and home-based counseling & assessment for children with mental and behavioral health issues as a result of prior abuse or trauma.

**Amount Spent:**  
\$160,483.99

**Clients Served:**  
151 Youth & Caregivers

**Respite Care**  
Respite services for at-risk children who have significant, multiple developmental disabilities and health problems.

**Outcome:** 82% of children demonstrated an improved level of functioning with family members/caregivers.

**Outcome:** 100% of parents and/or guardians were able to respond to a stressful situation without abusive behaviors.



## Family Works

FamilyWorks offers 24/7 support to foster/adopt/guardianship families to increase parent capacity and placement stability for foster/adopted youth. Families receive psychoeducation about complex trauma, parenting education, and connect with long-term supports.

**Amount Spent:**  
\$29,635.94

**Clients Served:**  
51 Youth & Caregivers

**Outcome:** 100% of youth remained in their foster/adoptive home or moved to a more stable living situation.



## Suicide Safety

The program includes awareness, prevention and intervention presentations for middle and high school students; parent and teacher education; and suicide intervention trainings to prevent loss of life to suicide.

**Amount Spent:**  
\$68,878.00

**Clients Served:**  
6,295 Youth & Professionals

**Outcome:** 83% of students reported being more likely to ask about concerns, thoughts, or feelings of suicide if/when suicidal warning signs were present.



## Crisis Intervention

Emphasizes developing and strengthening youth to promote a brighter future and reduce the risk of abuse and neglect. Services include individual counseling, group therapy, case management, and wraparound services for parents/caregivers and their children in crisis.

**Amount Spent:**  
\$42,980.00

**Clients Served:**  
851 Youth & Caregivers

**Outcome:** 85% of youth with anger management problems reported a reduction in angry outbursts and fewer conflicts with parents.

## Programs and Funding Partners



### Counseling

Provides individual and family therapy to children ages 5 to 19, experiencing emotional, behavioral, or mental health concerns. Services are office-based and school-based.

**Amount Spent:**

\$132,927.13

**Clients Served:**

255 Youth & Caregivers

**Outcome:** 93% of children who presented behavioral problems showed improvement in behavior at home or school.



### Resource Center Counseling

Promotes resiliency and recovery among youth and their families who are negatively affected by bullying and cyberbullying by establishing a network of support, mental health counseling, and mentorships. Methods are short-term, solution-focused, and strength-based.

**Amount Spent:**

\$25,445.42

**Clients Served:**

27 Youth

**Outcome:** 96% of children and youth served experienced an improved level of functioning in the home and/or school, within 6-10 weeks of services.



### Basics Classes

Psychoeducation for parents and caregivers of children and adolescents living with mental illnesses.

**Amount Spent:**

\$30,442.08

**Clients Served:**

267 Individuals

### Crisis Intervention Training

Training for law enforcement officers to recognize and respond effectively to individuals experiencing a mental health crisis.

**Outcome:** 100% of the participants attending the Basics Class gained at least one new coping skill.

**Outcome:** 95% of officers gained skills in crisis de-escalation related to their responses to individuals experiencing a mental health crisis.



nurses for newborns

### Nurse Home Visits

Provides in-home nursing visits to infants, prenatal women and families. Clients are case managed by a Registered Nurse with a minimum of 5 years of experience in care of women and infants. Community Health workers serve as language interpreters and peer support for mothers or caregivers.

**Amount Spent:**

\$92,866.13

**Clients Served:**

220 Infants & Caregivers

**Outcome:** 100% of families had no substantiated report or hotline call for child abuse or neglect during the first two years of the child's life.



### Family Strengths

A long-term residential program for women who are pregnant and homeless, along with their children. Services include child developmental assessments, parent mentoring, advocacy, and wellness programs. Promotes and secures the mental, emotional, physical, social, and educational well-being of the children and mothers.

**Amount Spent:**

\$128,074.02

**Clients Served:**

45 Youth & Caregivers

**Outcome:** 100% of mothers showed progress in parenting and life skills after 60 days of residency.



### Sts. Joachim & Ann Care Service: Children & Family Development

Provides wraparound services aimed at addressing the immediate and long term needs of children who are homeless, on the verge of homelessness, or in crisis. Basic and educational needs are assessed as are the physical and mental health needs of the child and family.

**Amount Spent:**

\$209,352.00

**Clients Served:**

751 Youth & Caregivers

**Outcome:** 92% of children served showed improvement in one area of the physical and emotional well-being assessment within 12 months.

## Programs and Funding Partners



**Amount Spent:**  
\$1,126,530.17

**Clients Served:**  
2,714 Youth & Caregivers

### Team of Concern

A school-based, multi-tiered continuum of substance use prevention program designed to increase a youth's ability to avoid behaviors associated with alcohol and drug use.

### Outpatient Substance Use Treatment

A client-centered and strengths-based approach to substance use treatment incorporating various therapies and relapse prevention programs. Services include counseling, psychiatry, and case management.

**Outcome:** 88% of youth receiving services had improved school engagement and performance.

**Outcome:** 99% of youth had no further drug-related involvement with the legal system.



**Amount Spent:**  
\$43,735.00

**Clients Served:**  
7 Children & Parents

### Children & Family Development

A long-term housing option for pregnant teens, offering wraparound services that empowers young moms and their children to realize their full potential. Services include counseling, case management, and education and parenting support.

**Outcome:** 100% of mothers reported and demonstrated an increase in mental and emotional well-being after 30 days of residency.



**Amount Spent:**  
\$113,695.58

**Clients Served:**  
434 Youth & Parents

### 1. Counseling

Office-based individual, group, and family counseling services, as well as Love and Logic parenting skills classes.

### 2. Crisis Interventions

School-based counseling to children and their families when a crisis interferes with their academic process.

### 3. Outpatient Psychiatric

Psychiatric evaluation, consultation and ongoing medication management for children, in collaboration with therapeutic treatments.

**1. Outcome:** 97% of youth served demonstrated progress on treatment goals.

**2. Outcome:** 83% of clients demonstrated an improved level of functioning.

**3. Outcome:** 72% of clients demonstrated improved functioning as evidenced by medication compliance.



**Amount Spent:**  
\$113,241.85

**Clients Served:**  
5,505 Youth

### Best Choice Program

Provides Missouri statute - compliant, medically accurate, culturally sensitive information and activities to encourage youth ages 12-18 to eliminate risk through practicing sexual abstinence/delay until marriage or a long-term, committed, monogamous relationship.

**Outcome:** 4.4% increased behavioral intention regarding the delay of sexual activity until marriage or a long-term, committed monogamous relationship.



**Amount Spent:**  
\$89,433.42

**Clients Served:**  
114 Youth & Caregivers

### Psychological Assessments

Provides a full range of psychological evaluation services to children aged 3 to 18 who are in need of an psychological evaluation due to a suspected or previously diagnosed mental health disorder.

**Outcome:** 100% of youth or their caregivers will understand how their child's condition affects their child's daily life.

## Programs and Funding Partners



**Amount Spent:**

\$940,564.90

**Clients Served:**

1,836 Youth,  
Caregivers, &  
Professionals

**1. Counseling**

Comprehensive individual, family, and group counseling, support groups, and in-school services to at-risk children, youth, and families

**2. Crisis Intervention (Safe Place)**

Immediate access to services for youth who are experiencing, or at risk of homelessness, abuse or neglect, or other crisis.

**3. Teen Parent Program**

Services to pregnant and/or parenting teens including counseling, support groups, and education.

**4. Temporary Shelter**

Therapeutic services and emergency housing for youth 10-19 years of age. The shelter is a 12-bed facility providing counseling, life skills, crisis intervention and other support services.

**5. Transitional Living**

Assist youth in the development of the skills they need to live independently and maintain employment as they transition from the program to long-term housing in the community.

**1. Outcome:** 74% of children and youth showed an increase in well-being and a decrease in emotional and physical symptoms of distress.

**2. Outcome:** 97% of youth and families who requested services via Safe Place or the Youth Connection Helpline participated in service linkage, safety planning, or receiving referrals to address their crisis issue.

**3. Outcome:** 91% of clients progressed toward completing an education degree or program as evidenced by regular participation and attendance.

**4. Outcome:** 81% of youth clients showed increased functioning in coping and problem-solving skills and a reduction in destructive, aggressive, and/or illegal behavior.

**5. Outcome:** 93% of clients increased life skills, including budgeting and money management, self-care, housekeeping, nutrition, transportation and use of community resources in order to live independently.

## 2019 Services Spotlight



Clients receiving CCRB-funded services.

Photos courtesy of Big Brothers Big Sisters



Community Living, Inc. and Boys & Girls Clubs of St. Charles County



**Building Blocks—Intensive Behavioral Intervention Classrooms**

**Amount Spent:**

\$130,038.26

**Clients Served:**

46 Children

Provides educational, therapeutic, and behavioral supports to children ages 18 months to 3 years who have been diagnosed with a developmental delay, disability or behavior disorder; many of whom also have Autism Spectrum Disorder.

**Outcome:** 97% of children participated in 75% of group activities with prompting as needed, after 3 months of services.